

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004



Female, age-group 20-24

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN			FINISH TIME				
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop		Total	Rank		
1	112	142	Jetje Metz	NED	F	20-24		0:27:51	101	0:02:03	96	2:02:59	115	0:02:32	110	0:30:56	0:24:47	0:07:34	1:03:16	112	3:38:39

Female, age-group 25-29

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN			FINISH TIME				
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop		Total	Rank		
1	20	125	Jamie Whitmore	USA	F	25-29	Yes	0:19:46	17	0:01:03	6	1:19:14	28	0:00:59	26	0:17:44	0:18:35	0:04:04	0:40:22	30	2:21:23
2	41	135	Katrin Helmcke	GER	F	25-29	Yes	0:22:38	59	0:01:28	49	1:22:59	42	0:00:59	27	0:18:51	0:19:42	0:04:48	0:43:21	49	2:31:24
3	86	139	Marijke Kulik	NED	F	25-29		0:26:45	78	0:01:32	56	1:32:13	82	0:01:49	98	0:21:07	0:22:14	0:05:29	0:48:49	80	2:51:06
4	108	141	Silvia Brouwer	NED	F	25-29		0:28:56	112	0:02:03	97	1:49:18	111	0:01:55	104	0:22:43	0:23:34	0:05:39	0:51:55	92	3:14:05

Female, age-group 30-34

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN			FINISH TIME				
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop		Total	Rank		
1	22	130	Anke Erlank	RSA	F	30-34	Yes	0:20:54	40	0:01:36	60	1:17:11	23	0:01:04	39	0:18:24	0:18:13	0:04:10	0:40:46	34	2:21:29
2	25	143	Stefania Bonazzi	ITA	F	30-34	Yes	0:20:42	35	0:01:26	43	1:20:44	31	0:00:53	14	0:17:25	0:17:14	0:04:26	0:39:03	20	2:22:46
3	34	126	Ingrid van Lubek	NED	F	30-34	Yes	0:19:29	10	0:01:27	45	1:26:09	58	0:01:06	42	0:17:26	0:18:29	0:04:24	0:40:18	29	2:28:26
4	40	129	Candy Angle	USA	F	30-34	Yes	0:19:30	11	0:01:21	31	1:25:49	57	0:00:55	20	0:18:13	0:19:47	0:04:46	0:42:45	48	2:30:18
5	48	131	Bianca van Dijk	NED	F	30-34	Yes	0:20:40	34	0:01:21	32	1:27:45	64	0:01:09	54	0:19:33	0:20:17	0:04:45	0:44:34	53	2:35:27
6	57	137	Marcia Jansen	NED	F	30-34		0:19:38	15	0:01:13	26	1:27:56	66	0:01:05	41	0:21:48	0:22:33	0:05:22	0:49:42	85	2:39:32
7	62	132	Judy van den Berg	NED	F	30-34		0:27:50	99	0:01:13	23	1:28:28	68	0:01:00	32	0:19:02	0:19:37	0:04:43	0:43:21	50	2:41:50
8	68	136	Gonny Rosendaal	NED	F	30-34		0:19:59	20	0:02:54	117	1:33:50	90	0:01:16	66	0:20:46	0:20:10	0:04:49	0:45:45	61	2:43:42

Female, age-group 35-39

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN			FINISH TIME				
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop		Total	Rank		
3	27	127	Ute Schäfer	GER	F	35-39	Yes	0:19:25	7	0:01:25	38	1:19:38	29	0:01:09	51	0:18:22	0:18:50	0:04:34	0:41:45	45	2:23:20
4	29	128	Riikka Kelja	FIN	F	35-39	Yes	0:20:35	32	0:01:06	10	1:21:24	34	0:00:53	16	0:17:55	0:18:17	0:04:31	0:40:42	33	2:24:38
2	106	138	Jeannet Ordelman	NED	F	35-39		0:25:23	71	0:02:01	95	1:46:12	110	0:02:04	106	0:24:36	0:25:14	0:06:09	0:55:57	104	3:11:36

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004

Female, age-group 40-44

Position		St.nr.	Name	Nation	Pro / Elite	St.n.	Age	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	55	134	Cora Vlot	NED	F	40-44		0:20:14	27	0:01:28	46	1:31:34	79	0:01:26	76	0:19:30	0:20:31	0:04:48	0:44:47	55	2:39:28

Female, age-group 45-49

Position		St.nr.	Name	Nation	Pro / Elite	St.n.	Age	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	81	133	Marijke Zeekant	NED	F	45-49		0:22:03	55	0:01:22	34	1:36:36	95	0:01:34	83	0:21:39	0:21:31	0:05:07	0:48:16	76	2:49:49
2	97	140	Cora Mulder	NED	F	45-49		0:27:55	102	0:02:12	102	1:36:37	96	0:01:31	81	0:23:43	0:24:03	0:05:58	0:53:43	98	3:01:55

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004

Male, age-group 20-24

Position		St.nr.	Name	Nation	M	20-24	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	5	11	Brad Storm	RSA	M	20-24	Yes	0:18:26	1	0:01:07	12	1:13:05	7	0:00:49	9	0:15:55	0:16:16	0:04:03	0:36:13	8	2:09:38
2	14	12	Andreas Böcherer	GER	M	20-24	Yes	0:20:53	39	0:01:09	18	1:18:32	26	0:01:08	49	0:15:36	0:16:31	0:03:57	0:36:03	7	2:17:44
3	15	14	Youri De Buck	BEL	M	20-24		0:20:27	30	0:01:13	25	1:15:31	15	0:00:52	12	0:17:28	0:18:06	0:04:32	0:40:05	27	2:18:07
4	21	13	Bas Borreman	NED	M	20-24	Yes	0:21:15	45	0:01:09	17	1:16:56	22	0:00:57	24	0:17:22	0:18:58	0:04:51	0:41:10	38	2:21:26
5	23	77	Frantisek Zilak	CZE	M	20-24	Yes	0:27:14	86	0:01:27	44	1:13:53	10	0:00:53	13	0:17:11	0:17:01	0:04:05	0:38:17	16	2:21:42
6	35	37	Lars Finanger	USA	M	25-29		0:19:51	19	0:01:08	14	1:30:58	76	0:00:57	25	0:16:09	0:16:21	0:03:56	0:36:26	10	2:29:19
7	44	19	Eric Lujan	USA	M	20-24	Yes	0:23:20	63	0:01:09	16	1:25:47	56	0:00:54	17	0:18:09	0:18:50	0:04:34	0:41:32	44	2:32:40
8	45	35	Henk-Jan Dolsma	NED	M	20-24		0:26:50	80	0:01:39	66	1:22:30	39	0:01:15	64	0:18:12	0:18:09	0:04:39	0:40:59	36	2:33:11
9	60	15	Sebastian Blumentritt	GER	M	20-24	Yes	0:19:49	18	0:01:22	35	1:19:09	27	0:00:54	18	0:17:07	0:18:38	0:24:05	0:59:48	108	2:41:00
10	83	68	Erik Wolsing	NED	M	25-29															2:50:00

Male, age-group 25-29

Position		St.nr.	Name	Nation	M	25-29	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	4	2	Royce Kortekaas	NED	M	25-29	Yes	0:21:03	43	0:01:06	11	1:08:47	1	0:00:42	3	0:15:54	0:16:28	0:04:15	0:36:36	13	2:08:12
2	6	10	Chris Volley	GBR	M	25-29	Yes	0:19:10	2	0:01:03	7	1:13:16	8	0:00:49	8	0:15:41	0:16:02	0:04:01	0:35:43	6	2:09:58
3	8	8	Jason Chalker	AUS	M	25-29	Yes	0:20:13	26	0:00:57	2	1:14:28	12	0:00:45	6	0:15:56	0:16:25	0:04:14	0:36:34	12	2:12:55
4	9	7	Cees Colijn	NED	M	25-29	Yes	0:19:27	8	0:01:25	39	1:14:23	11	0:01:07	44	0:16:09	0:16:43	0:04:00	0:36:51	14	2:13:11
4	10	67	Sascha Wingenfeld	GER	M	25-29		0:19:30	12	0:01:12	22	1:15:43	18	0:00:54	19	0:15:59	0:16:30	0:04:02	0:36:29	11	2:13:47
5	12	16	André van de Bruinhorst	NED	M	25-29		0:19:16	5	0:01:26	40	1:15:36	16	0:01:04	40	0:17:06	0:17:13	0:04:22	0:38:40	18	2:16:00
6	32	46	Geert-Jan Meewisse	NED	M	25-29		0:20:15	28	0:01:13	24	1:23:45	46	0:01:01	35	0:17:59	0:17:48	0:04:31	0:40:17	28	2:26:29
7	42	75	Tomas Pavel	CZE	M	25-29		0:19:31	13	0:01:22	36	1:23:16	45	0:01:14	61	0:19:13	0:21:25	0:05:36	0:46:13	65	2:31:33
8	43	30	Courtney Cardenas	USA	M	25-29		0:21:56	52	0:01:32	59	1:22:18	38	0:01:16	67	0:19:14	0:20:31	0:04:59	0:44:43	54	2:31:44
9	47	29	Jaco van Buren	NED	M	25-29		0:27:37	93	0:02:25	106	1:23:47	47	0:01:11	58	0:17:04	0:17:44	0:04:25	0:39:12	22	2:34:10
10	51	33	Laurent Despres	BEL	M	25-29		0:21:21	47	0:01:38	62	1:26:22	59	0:01:07	43	0:20:45	0:21:26	0:05:06	0:47:17	74	2:37:42
11	71	45	Pim van der Meer	NED	M	25-29		0:27:36	92	0:02:00	94	1:27:56	67	0:01:41	92	0:19:58	0:20:32	0:05:17	0:45:46	62	2:44:57
12	73	65	Wouter Wierenga	NED	M	25-29		0:24:42	66	0:01:44	72	1:30:33	74	0:01:08	48	0:21:15	0:20:31	0:05:23	0:47:07	73	2:45:12
13	89	76	Michal Cholasta	CZE	M	25-29		0:20:16	29	0:01:40	69	1:34:43	94	0:01:49	99	0:24:41	0:24:52	0:06:14	0:55:46	103	2:54:12
14	96	57	Martijn Schutteerman	NED	M	30-34		0:27:27	89	0:01:44	74	1:38:48	101	0:01:31	80	0:21:01	0:24:56	0:06:00	0:51:56	93	3:01:24
15	104	58	Hendrik-Jan Sepers	NED	M	25-29		0:38:14	121	0:04:04	120	1:33:35	88	0:01:53	103	0:22:39	0:23:46	0:05:46	0:52:11	94	3:09:55

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004

Male, age-group 30-34

Position		St.nr.	Name	Nation	M	Age	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	1	3	Eric van der Linden	NED	M	30-34	Yes	0:19:14	3	0:00:59	3	1:12:27	6	0:00:42	4	0:13:58	0:14:19	0:03:46	0:32:03	1	2:05:23
2	3	6	Jan Rehula	CZE	M	30-34	Yes	0:19:15	4	0:00:53	1	1:12:23	5	0:00:47	7	0:14:47	0:14:59	0:03:47	0:33:31	2	2:06:46
3	7	4	Nicolas Lebrun	FRA	M	30-34	Yes	0:21:55	51	0:01:15	27	1:12:19	4	0:00:49	10	0:14:56	0:16:02	0:04:08	0:35:05	3	2:11:20
4	13	18	Bert Flier	NED	M	30-34	Yes	0:21:57	53	0:01:30	53	1:16:13	19	0:01:07	46	0:15:50	0:16:25	0:04:06	0:36:20	9	2:17:04
5	17	23	Christoph Bergmann	GER	M	30-34		0:19:33	14	0:01:05	9	1:21:39	37	0:01:00	33	0:15:27	0:16:14	0:03:54	0:35:35	5	2:18:51
6	30	17	Arnoud van Garderen	NED	M	30-34		0:21:00	42	0:01:23	37	1:22:45	40	0:01:00	30	0:17:18	0:17:44	0:04:10	0:39:11	21	2:25:17
7	31	63	Martin Tonge	GBR	M	30-34		0:20:43	36	0:01:12	21	1:23:16	44	0:01:15	65	0:17:13	0:17:39	0:04:21	0:39:12	23	2:25:36
8	37	69	Bart van Zelst	NED	M	30-34		0:21:39	48	0:01:32	58	1:27:02	61	0:01:10	57	0:16:56	0:17:25	0:04:15	0:38:35	17	2:29:57
9	39	28	Bas de Bruin	NED	M	30-34		0:23:52	64	0:01:32	57	1:24:11	50	0:01:13	59	0:17:26	0:17:41	0:04:14	0:39:20	24	2:30:05
10	46	34	Dirk Dieckheuer	GER	M	30-34		0:28:05	106	0:01:55	85	1:21:24	35	0:01:07	47	0:18:05	0:19:00	0:04:23	0:41:28	43	2:33:57
11	50	74	Sander Riebroek	NED	M	30-34		0:27:50	100	0:01:55	87	1:25:25	54	0:00:39	1	0:18:11	0:18:09	0:04:37	0:40:56	35	2:36:42
12	64	41	René Hol	NED	M	30-34		0:20:37	33	0:01:45	75	1:33:15	87	0:01:21	71	0:20:31	0:20:23	0:05:05	0:45:58	64	2:42:53
13	69	32	Peter Denekamp	NED	M	30-34		0:19:24	6	0:02:00	93	1:27:05	62	0:02:00	105	0:22:39	0:24:57	0:06:13	0:53:49	99	2:44:16
14	70	44	Jeroen Kroon	NED	M	30-34		0:20:01	22	0:01:57	89	1:32:55	85	0:01:23	75	0:21:32	0:21:47	0:05:21	0:48:39	79	2:44:53
15	75	47	Paul Mensink	NED	M	30-34		0:28:22	110	0:01:39	67	1:25:23	53	0:01:48	97	0:20:53	0:23:22	0:05:16	0:49:30	84	2:46:39
16	76	72	Erwin Verweij	NED	M	30-34		0:28:17	108	0:01:51	82	1:29:08	71	0:01:18	68	0:19:41	0:21:36	0:05:46	0:47:03	72	2:47:35
17	80	22	Mike Appeldoorn	NED	M	30-34		0:26:32	76	0:01:41	70	1:30:11	73	0:01:21	72	0:20:46	0:23:42	0:05:28	0:49:55	87	2:49:38
18	82	55	Mark van der Sanden	NED	M	30-34		0:26:46	79	0:01:58	92	1:30:53	75	0:01:22	73	0:22:21	0:21:57	0:04:43	0:49:00	82	2:49:57
19	101	54	Arjan van Rijswijk	NED	M	30-34		0:27:23	88	0:02:16	103	1:39:31	104	0:02:49	111	0:23:26	0:25:28	0:06:09	0:55:02	101	3:06:59
20	110	50	Roger Mous	NED	M	30-34		0:31:49	115	0:03:30	119	1:49:29	112	0:01:53	101	0:25:17	0:27:15	0:05:49	0:58:20	107	3:24:58
21	113	194	Peter Dubbelaar	NED	M	30-34		0:33:50	118	0:01:57	88	2:01:03	114	0:01:34	82	0:22:16	0:31:48	0:08:06	1:02:09	111	3:40:30

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004

Male, age-group 35-39

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN				FINISH TIME			
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2		F.Loop	Total	Rank
1	11	5	Machiel Ittmann	NED	M	35-39	Yes	0:21:57	54	0:01:03	8	1:12:08	3	0:01:00	29	0:16:59	0:16:52	0:04:10	0:38:00	15	2:14:07
2	26	64	Frank Veltman	NED	M	35-39		0:22:41	60	0:01:28	47	1:16:37	21	0:01:09	53	0:17:34	0:18:43	0:05:00	0:41:16	41	2:23:10
3	28	26	Manfred Boogaard	NED	M	40-44		0:20:05	23	0:01:31	55	1:21:09	32	0:01:10	56	0:17:47	0:18:12	0:04:26	0:40:24	31	2:24:17
4	33	49	Robert Mijwaart	NED	M	35-39		0:27:32	90	0:01:02	5	1:17:35	24	0:01:00	28	0:17:48	0:18:47	0:04:31	0:41:05	37	2:28:12
5	38	121	Arjan van Vliet	NED	M	35-39		0:24:04	65	0:01:50	79	1:21:15	33	0:01:36	86	0:18:13	0:18:52	0:04:10	0:41:14	39	2:29:57
6	49	79	Moul Kaewkokua	THL	M	35-39		0:28:11	107	0:01:19	29	1:21:35	36	0:01:01	34	0:18:56	0:19:43	0:04:45	0:43:23	51	2:35:28
7	52	43	Marc van der Kort	NED	M	35-39		0:26:39	77	0:01:29	50	1:23:07	43	0:01:09	52	0:20:43	0:20:14	0:04:48	0:45:44	60	2:38:05
8	54	27	Jan Bot	NED	M	35-39		0:27:47	96	0:01:15	28	1:24:05	49	0:01:07	45	0:20:17	0:19:53	0:04:48	0:44:57	56	2:39:09
9	66	70	Maarten Sollewijn Gelpke	NED	M	35-39		0:30:38	113	0:01:58	90	1:26:31	60	0:01:50	100	0:18:30	0:19:04	0:04:57	0:42:30	47	2:43:25
10	87	73	Rob Roelofs	NED	M	40-44		0:26:53	81	0:01:28	48	1:34:25	92	0:01:41	91	0:21:04	0:20:57	0:04:58	0:46:58	71	2:51:24
11	92	59	Paul Slot	NED	M	35-39		0:27:48	97	0:01:29	51	1:33:04	86	0:01:41	90	0:22:58	0:23:49	0:05:56	0:52:41	95	2:56:40
12	93	21	Hans-Peter van den Akker	NED	M	35-39		0:27:04	83	0:02:40	112	1:37:57	98	0:01:40	89	0:22:51	0:22:02	0:05:00	0:49:52	86	2:59:11
13	95	38	Thomas Obst	GER	M	40-45		0:28:02	103	0:02:09	101	1:31:42	81	0:01:13	60	0:24:39	0:25:40	0:06:08	0:56:26	105	2:59:30
14	94	61	Peter Spoelstra	NED	M	35-39		0:28:41	111	0:01:46	78	1:37:09	97	0:01:38	88	0:22:10	0:22:49	0:05:12	0:50:10	88	2:59:22
15	107	24	Ronald Berkenpeis	NED	M	35-39		0:28:20	109	0:02:27	107	1:38:36	100	0:03:15	113	0:25:38	0:27:50	0:06:55	1:00:22	109	3:12:57

Male, age-group 40-44

Position		St.nr.	Name	Nation	Pro / Elite	SWIM Time	Rank	T-1		BIKE		T-2		RUN				FINISH TIME			
Group	Overall							Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2		F.Loop	Total	Rank
1	16	82	Mik Borsten	NED	M	40-44		0:19:42	16	0:01:19	30	1:15:40	17	0:00:40	2	0:18:28	0:18:13	0:04:39	0:41:19	42	2:18:38
2	18	92	Hans Leek	NED	M	40-44		0:20:01	21	0:01:22	33	1:15:21	14	0:01:03	37	0:18:02	0:18:37	0:04:37	0:41:15	40	2:19:00
3	19	110	Jos Everts	NED	M	40-44		0:22:23	56	0:01:11	19	1:16:25	20	0:01:03	38	0:17:19	0:17:59	0:04:19	0:39:36	25	2:20:36
4	24	105	Pim Veeger	NED	M	40-44		0:21:51	50	0:01:12	20	1:18:12	25	0:00:51	11	0:17:25	0:18:31	0:04:47	0:40:42	32	2:22:46
5	59	80	Gerrit-Jan Bakker	NED	M	40-44		0:20:49	38	0:02:32	109	1:28:41	70	0:01:42	94	0:20:25	0:20:51	0:05:28	0:46:42	70	2:40:25
6	65	100	Mike Rudd	GBR	M	40-44		0:20:10	25	0:01:26	41	1:33:59	91	0:01:08	50	0:20:23	0:21:21	0:04:56	0:46:39	69	2:43:20
7	74	94	Marco van Leeuwen	NED	M	40-44		0:23:18	61	0:01:38	63	1:31:03	77	0:01:30	78	0:21:32	0:21:40	0:05:10	0:48:21	77	2:45:48
8	78	103	Erik Teunissen	NED	M	40-44		0:28:03	104	0:01:26	42	1:31:11	78	0:00:57	23	0:20:15	0:21:10	0:05:00	0:46:25	67	2:47:59
9	79	88	Maurits van der Heijde	NED	M	40-44		0:27:18	87	0:01:30	54	1:32:29	83	0:01:30	79	0:20:04	0:20:47	0:05:04	0:45:54	63	2:48:39
10	84	108	Willem de Vries	NED	M	40-44		0:27:45	95	0:02:39	111	1:29:56	72	0:00:55	21	0:21:34	0:21:51	0:05:35	0:48:59	81	2:50:13
11	88	93	Wim van Leeuwen	NED	M	40-44		0:26:07	74	0:01:55	86	1:33:39	89	0:01:42	93	0:22:18	0:22:53	0:05:21	0:50:32	90	2:53:53
12	98	107	Kees Rekelhof	NED	M	40-44		0:26:22	75	0:01:29	52	1:38:01	99	0:01:23	74	0:24:22	0:24:51	0:06:29	0:55:41	102	3:02:54
13	99	83	Henrie de Bruin	NED	M	40-44		0:27:08	84	0:01:50	80	1:40:00	106	0:01:53	102	0:22:50	0:24:17	0:05:41	0:52:47	97	3:03:36
14	100	101	Edouard Salle	FRA	M	40-44		0:26:57	82	0:02:46	115	1:52:01	113	0:02:20	109	0:18:32	0:18:52	0:04:45	0:42:08	46	3:06:10
15	102	96	Alby Mulder	NED	M	40-44		0:21:21	46	0:02:29	108	1:45:45	109	0:02:57	112	0:23:39	0:24:53	0:06:31	0:55:02	100	3:07:33
16	103	95	Ger van Mossel	NED	M	40-44		0:24:54	68	0:02:42	114	1:40:32	108	0:02:05	107	0:28:16	0:23:48	0:05:43	0:57:47	106	3:07:58
17	109	99	Joep Oud	NED	M	40-44		0:31:44	114	0:01:54	83	1:39:54	105	0:02:16	108	0:24:41	0:28:40	0:07:36	1:00:57	110	3:16:42
18	111	97	René Mulder	NED	M	40-44		0:42:17	122	0:03:01	118	2:09:35	117	0:01:19	70	0:31:18		0:08:21	0:39:39	26	3:35:49

XTERRA Netherlands Beach Challenge Triathlon

Den Haag (Kijkduin), 10 July 2004

Male, age-group 45-49

Position		St.nr.	Name	Nation	M	F	Age	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall								Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	2	1	Rob Barel	NED	M		45-49	Yes	0:19:28	9	0:01:00	4	1:09:10	2	0:00:43	5	0:15:46	0:15:45	0:04:04	0:35:34	4	2:05:54
2	36	106	Rob van Zanten	NED	M		45-49		0:23:20	62	0:02:07	99	1:23:58	48	0:01:02	36	0:17:27	0:17:21	0:04:09	0:38:57	19	2:29:22
3	53	87	Frank Hamelink	NED	M		45-49		0:27:12	85	0:01:39	68	1:22:56	41	0:00:53	15	0:20:05	0:20:58	0:05:12	0:46:14	66	2:38:53
4	56	90	Olaf Hill	GER	M		45-49		0:27:42	94	0:01:37	61	1:19:59	30	0:01:09	55	0:21:36	0:22:29	0:05:00	0:49:05	83	2:39:31
5	61	109	Dick Vosmeer	NED	M		45-49		0:24:44	67	0:01:45	77	1:24:59	51	0:01:45	95	0:21:04	0:21:55	0:05:29	0:48:27	78	2:41:40
6	63	85	Leo van Egmond	NED	M		45-49		0:25:36	73	0:02:19	104	1:28:33	69	0:01:14	62	0:19:36	0:20:16	0:05:08	0:44:59	57	2:42:39
7	77	116	Hans Spaans	NED	M		45-49		0:27:48	98	0:01:38	64	1:32:45	84	0:01:28	77	0:19:21	0:19:54	0:04:53	0:44:07	52	2:47:44

Male, age-group 50-54

Position		St.nr.	Name	Nation	M	F	Age	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall								Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	72	113	Fred Nes	NED	M		50-54		0:21:44	49	0:01:44	73	1:27:25	63	0:01:35	85	0:25:34	0:21:54	0:05:14	0:52:42	96	2:45:09
2	90	111	Leo de Hartog	NED	M		50-54		0:24:59	69	0:02:47	116	1:39:02	103	0:01:34	84	0:20:06	0:20:58	0:05:30	0:46:32	68	2:54:52
3	105	117	Kees Versprille	NED	M		50-54		0:37:09	120	0:02:08	100	1:40:06	107	0:01:37	87	0:22:40	0:22:21	0:05:11	0:50:11	89	3:11:08

Male, age-group 55-59

Position		St.nr.	Name	Nation	M	F	Age	Pro / Elite	SWIM		T-1		BIKE		T-2		RUN				FINISH TIME	
Group	Overall								Time	Rank	Time	Rank	Time	Rank	Time	Rank	Lap1	Lap2	F.Loop	Total		Rank
1	58	112	Leo Meewisse	NED	M		55-59		0:25:13	70	0:02:03	98	1:25:43	55	0:01:00	31	0:20:12	0:20:32	0:04:57	0:45:40	59	2:39:37
2	85	56	Kent Robison	USA	M		55-59		0:22:38	58	0:02:42	113	1:31:42	80	0:01:46	96	0:22:21	0:23:42	0:05:52	0:51:54	91	2:50:41

